



Jolly Llama Sorbets

November 9, 2009



Several months ago, my husband decided to start eating healthier and we've tried to keep high calorie foods out of the house. He's been sucking down popsicles or sorbet as a low calorie dessert so when Jolly Llama sent us samples of their sorbet frozen treats – we were eager to try them. The first thing I look for when buying frozen treats are their ingredients, I don't want anything with high fructose corn syrup and I want REAL fruit! I occasionally make frozen treats at home – with real fruit and no sugar – so I know it's possible.

Jolly Llama meets the criteria, their sorbets are made with sun-ripened whole fruit and naturally sweetened with cane sugar. They don't add any artificial sweeteners or corn syrups and they are gluten free and dairy free for those with allergies. Each tube of sorbet is only 70 – 90 calories and fat free so they are a great replacement for higher calorie treats.

Our whole family has been eating the Jolly Llama sorbets and we love them! They come in 4 flavors : blueberry, mango, strawberry and acai and they are super creamy and full of flavor. My three-year-old chooses the sorbet over ice cream – that's a good sign!

Currently, you can buy Jolly Llama sorbets at stores in Arizona and California OR you can order a case for home delivery: www.jollyllamasorbets.com.

FREE STUFF: Jolly Llama is generously giving away 1 case (24 sorbets) to 1 lucky winner! Enroll by posting a comment below.

<http://mommygoesgreen.com/>